

An Analysis of Neurosis Need of Veronika Character in “Decides to Die” Movie

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Abstract

This research aimed to determine the causes of depression experienced by the main character of the “Decides to Die” Movie with used theory have been raised by the professional. The causes of depression was a problem in the family as well as the encouragement depression as a factor in alcohol abuse, drug abuse, hormonal change thought and behaviours. The purpose of this research was to analyze the causes of depression of the main character of “Decides to Die” movie. This research was used on the theory psychological approach. This research explained the main character named Veronika began to depression caused because of a problem in a relationship marriage her husband affair with another woman without the knowledge of Veronika because she is busied worked. Finally, Veronika experienced depression began to consume the drug, and also consumed alcohol and finally she thought wanted to end her life. As a conclusion, based on movie script and scene through Kenneth B Wells psychological approach theory, the causes depression of the Veronika the first is caused there was a third person in Veronika household, the second consumes many drug and induced with dependence the drug and Veronika also consume a bottle alcohol that can increase her life is not controlled. The last is thought of Veronika want try to die, and behaviour of Veronika was hated all the people and belonged her parents.

Keywords: depression, human, character, neurosis

INTRODUCTION

Sundari in Suyoko (2012:09) said that neurosis called psychoneurosis, neurosis is a fault adjustment themselves in an emotional because cannot resolve the conflict who are unaware. Patients neurosis are still in nature. Still know and feel hardship. Less conform to the environment and heart unsettled. Therefore to find a solution to escape from the suffering. Neurosis divided to some kinds such as: Anxiety neurosis, phobia neurosis, obsession kompulsif neurosis, erastenic neurosis, depersonalization neurosis, and depression neurosis.

Depression is not a new illness. History shows us that people have suffered with depression as long as humans have walked the earth. Since earliest times, hearlers have recorded symptoms identical to those that we see today in clinical depression. Rice in

Dirgayunita said that (2016:04) depression is a mood disorder, condition of emotional that endless coloring whole mental process (thinking, feeling, and behavior) someone. The mood a domineering manner appear is feeling powerless and loss of hope. Yosep in Dirgayunita (2016:04) said that the form of mental disorder in the nature feelings (affective, mood) marked moodiness, grief, sluggishness, lost passions, no spirit, and was unable, the guilt or erring, useless and despair.

The Causes of Depression Theory by Kenneth B Wells

Significant Loss or Bad Events

Every life is touched by events that cause severe pain and distress. People do not always respond in the same way, even though the circumstances are the same or similar. Each individual has a unique way of responding to stress. Some common events that can trigger depression include: the death of a loved one—specially a spouse, parent or child—forced separation from the people you care about; serious illness in you or a loved one; divorce and other marital or relationship troubles; financial problems, and losing a job.

Drug and or Alcohol Abuse

Drugs and alcohol are substances that quickly and dramatically alter mood. Alcohol is widely known to be a substance that can lower and depress mood. Who abuse alcohol, increase their risk for developing depression. The same is true for many other substances, including illegal substances like heroin and cocaine. In the case of alcohol, distinguishing between social drinking and problem drinking can be difficult.

Hormonal Change

Hormones are chemical substances that circulate throughout the body helping your cells to function normally. They regulate the body's metabolism and can also affect through, feelings, and behaviors.

METHODOLOGY

Research design is very important to achieve the goal of research. Research is any effect to find and examine the truth of science with scientific methods. Jabrohim (2003:01) in definition states that research is an activity or systematic process to solve a problem with the support of data as the basis of took conclusion.

Primary of Data Source

This is a primary data to analysis a movie "Veronika decide to die", therefore the primary data will be observed is in the movie itself.

Secondary of Data Source

This is a secondary data to support the writer material in wrote on thesis such as theory and any relevant information. In analyzed causes of depression the writer used some supporting media such as searching in library (book) and searching in website.

Collecting Data

Procedures

The procedures of collecting the data were as follow:

1. Selecting the movie,
2. Watching the movie of “Decides to Die”,
3. Identifying to find the data related to the research,
4. Classifying the data.

Analysis

Watching the movie of “Decides to Die”, Identifying the important scene and the dialog and writes the difficult words in a paper, Classifying the data associated with causes of depression experienced by people in accordance with the theory of causes of depression. The causes of depression, 1. Significant loss or bad events, 2. Drug and or alcohol abuse, 3. Hormonal change, Analyzing cause of depression with theory of Keneeth B Wells, and Summing up the results based on the analysis of data as a whole.

RESULTS

Here the writer would like to describe about the causes of depression based on the movie of “Decides To Die.” The causes of depression in the movie are significant loss or bad events, drug or alcohol abuse, and hormonal change.

Significant Event

Data 1 (Decides to Die 2009, 00:01:37 – 00:02:02)

Veronika :Then one day,
 some man ask me to marry him.
 He'd be nice enough and that'll
 make my parents very happy.
 The first year we make
 love all the time.
 Then the second and third less and less.

But, just as we're getting sick
of each other, I'll be pregnant.

Based on the script above, it can be seen that, when the relationship of marriage in second years and three years, their relationship was not good. The issue of marriage can be seen on the relationship when the second years and the third years.

Data 2 (Decides to Die 2009, 00:02:17 – 00:02:31)

Veronika : And then, ten years into it,
he'll have an affair...
because I'm... too busy
and I'm too tired.

Based on the script above, it can be seen that, after ten years of her marriage, her husband betrayed, her husband had an affair with another woman because since it Veronika very busy worked and never to have time together with her husband. The issue of marriage can be seen when her husband had an affair with another woman.

Data 3 (Decides to Die 2009, 00:02:40 – 00:02:51)

Veronika : In a few years,
he gonna have another one.
And this time, I just pretend
that I don't know, because...
somehow giving in to fast just doesn't
seem worth the trouble this time.
And you know, I'm happy
at least a few days.

Based on the script above, it can be understood that, Veronika said "In a few years, he gonna have another one" it mean that her husband had a second woman again. The issue of marriage can be seen when some years her husband had another woman again.

Drug and Alcohol Abuse

Data 4 (Decides to Die 2009, 00:43:18 – 00:43:32)

Dr.Blake : Besides... aren't you the one
who accused fashion industry...
of posting pathological and
dehumanising values on our society?

Veronika : Well, I was high

when I wrote that.

Based on the script above, it can be seen that, when Veronika wrote an email in the media about pathology and dehumanising values. And with her weird behavior, she was sent an email to a person's advertising media about the pathology and the value of humanity she was laughed at her friends. The alcohol abuse can be seen when Veronika said that Well, she was high.

Psychological Change

Data 5 (Decides to Die 2009, 00:29:19 – 00:29:29)

Dr. Blake : Your daughter tried
to kill herself,
now that's nothing for you
to be ashamed of.
In our society, we feel we must
be happy, if we're not happy....
we feel hopeless,
we feel like... failures.

Based on the script above, it can be seen that, Dr Blake was said “Your daughter tried to kill herself,” it means that thought of Veronika that would tried to die. And Dr. Blake also gave the motivation that “in the neighborhood here we should be happy, if not happy you will felt dispirited felt like a failure”. The thought can be seen when Veronika tried to kill herself.

Data 6 (Decides to Die 2009, 00:02:31 – 00:02:35)

Veronika : I'd like to kill him...
his mistress...and myself.

Based on the script above, it can be seen that, Veronika made planned and desire to killed her husband and affair of her husband. And she also thinking that she wanted to killed herself.

Data 7 (Decides to Die 2009, 00:40:32 – 00:40:48)

Veronika : I hate you.

Dr. Blake : Really?

Tell me about it.

Veronika : Fine. I hate your stupid desk...

and I hate your ugly tie.

And I hate your ridicules socks

Based on the script above, it can be seen that, Veronika spoke not polite, she felt very hate Dr. Blake she said that she hated all of Dr. Blake. The behaviours of Veronika can be seen when Veronika said that "she hate to Dr.Blake."

Data 8 (Decides to Die 2009, 00:27:24 – 00:27:35)

Dr Blake : Your parents are waiting outside.

Veronika : No!

I can't see them!

I won't see them!

Based on the script above, it can be understood that, Veronika was said "no, I can't see them, I won't see them" it means that Veronika was not met with both parents, she was not looked them. The behavior of Veronika can be seen when she talked that was not looked with both parents.

DISCUSSION

The story of the movie tells about a life woman to get depression and process undergo treatment in a psychiatric. In this research, the causes depression of the main character is being analyzed with the psychological approach of the Kenneth B Wells theory. This research has been accomplished by using the qualitative research method.

As a conclusion, based on movie script and scene through Kenneth B Wells psychological approach theory, the causes depression of the Veronika the first is caused there was a third person in Veronika household, the second consumes many drug and induced with dependence the drug and Veronika also consume a bottle alcohol that can increase her life is not controlled. The last is thought of Veronika wants try to die, and behaviour of Veronika was hated all the people and belonged her parents.

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